

Rules for 2007-2008 Basketball League

1. Length of Game: Games will consist of two twenty minute halves with running clock. The clock will stop the last two minutes of the game on all normal stoppages. There will be a 3:00 halftime.
2. Scoring: Score will **not** be kept in the 1st and 2nd grade league. Score **will** be kept in the 3rd and 4th grade league.
3. Overtime: There will be no overtime. If a game is tied at the end of regulation it will end in a tie.
4. Zone Defenses: No Zone Defenses will be allowed. At all times players will be guarding a person and not a spot on the floor. If a coach believes that the opposing team is playing a zone defense they should bring it to the attention of Brandon Corcoran, League Coordinator and he will take it from there. It will not be the responsibility of the official to prevent the zone defense from taking place it will be the responsibility of the coach to make sure their team is playing person to person defense. Multiple complaints about intentional zone defense will put the coach's position in jeopardy.
5. Pressing: No pressing will be allowed in the 1st and 2nd grade league at any time. In the 3rd and 4th grade leagues person to person pressing will be allowed in the final two minutes of the game if the teams is winning by 15 points or less or losing.
6. Fouls: Individual fouls will not be recorded. Coaches are responsible for letting players know that they can not foul all the time and should try and play good sound defense. Coaches are the best defense against over aggressive play. Please keep your teams under control and teach them to not reach. Team fouls will not be recorded. There should be absolutely no reason for technical fouls in this league. However any time a coach is out of hand enough to receive a technical foul there will be a conversation between the offending coach and Brandon Corcoran, League Coordinator, about the situation and the status of the coach with the league, in the future.
7. Free throws: We will not be shooting any free throws this year. In the 3rd and 4th grade league two points will be awarded on a shooting foul. On all other fouls the ball will be taken out of bonds.
8. Time Outs: Each team will have 2 time outs per game. Time outs will last 1 minute. Coaches should have their players ready to go when the minute is up.
9. Substitutions: Substitutions will occur every 5 minutes. The clock will stop during this time. Players will line up at half court and stand across from the person that they are going to guard. When lining players up across from each other it does not always have to be purely on height level but that is a good basis. They will than shake hands before play resumes. This helps in sportsmanship but also is a good way for the players to realize who they are guarding. For those teams who have more than 10 players individual

substitutions can occur more frequently but make sure that the players that are supposed to be guarding each other shake hands before play resumes.

10. 3 second violations: Will not be called but referees will remind players to get out of the lane.

11. Jump Balls-Defense will get the ball. No alternating possession will be kept.

12. Defenses will not come past the top of the key. This rule allows for players of different skill levels to bring the ball up without having it immediately stolen and also helps less skilled teams against higher skilled teams.

YMCA Mission: To put Christian Principles into practice through programs that build a healthy spirit, mind, and body for all.

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