



# Volunteer Application

*Become part of the excitement by volunteering your time and talent for this great community event!*

Join us for the 4th Annual La Crosse Area YMCA/Touchstone Energy Triathlon on Sunday, June 10, 2007 at Swarthout Park in West Salem, WI. We are looking for energetic, fun volunteers to help make this event a success.

All proceeds from this event go to support the YMCA Strong Kids Campaign. Dollars raised for Strong Kids goes directly to support youth programming as well as provide financial assistance to those who would not otherwise be able to afford YMCA programming and/or memberships. By volunteering, you will be helping to build strong kids, strong families and strong communities!

Complete the information below and return to the YMCA. We will contact you to confirm your volunteer commitment and job assignment.

**PLEASE RETURN APPLICATION AS SOON AS POSSIBLE**

\_\_\_\_\_  
Name (please print) (\_\_\_\_\_) Telephone

\_\_\_\_\_  
Street Address E-mail

\_\_\_\_\_  
City, State, Zip Code

T-shirt size: All Adult sizes \_\_\_\_\_(Small) \_\_\_\_\_(Medium) \_\_\_\_\_(Large) \_\_\_\_\_(XL) \_\_\_\_\_(XXL)

## **VOLUNTEER NEEDS**

Please check the day and time that you are available to volunteer. We will be contacting you to confirm you volunteer commitment and job assignment in the up coming weeks. We will accommodate groups to the best of our ability.

### **Saturday, June 9<sup>th</sup>**

1 Course & site set-up/clean-up

(Please be advised that manual labor is involved. Wear appropriate clothing and bring gloves. If you have a rake and/or broom feel free to bring that too. Work not appropriate for children under 15.)

### **Sunday, June 10<sup>th</sup>**

1 5am – 1pm

1 7am – 1pm

Thank you for volunteering your time and talents - this event would not be possible without the assistance and commitment from all of our great volunteers!

**Please return completed form to:** La Crosse YMCA, 1140 Main Street, La Crosse, WI 54601 or fax: 608-782-9616 or email to [ahuppert@laxymca.org](mailto:ahuppert@laxymca.org)