



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ENGAGING YOUTH



La Crosse Area family YMCA

## COMMUNITY TEEN CENTER

FREE PLACE FOR TEENS TO HANGOUT  
OPEN TO ANYONE IN 8TH-12TH GRADE

At the YMCA Community Teen Center, relaxing, connecting and having fun is our goal. This tobacco, alcohol and drug-free place for teens offers free drop-in recreation opportunities that include playing music, creating art, connecting with new friends and MORE.

### Why should you stop in?

- To join one of our clubs - Art Club, Leaders Club, Drama Club, and many more.
- To earn a FREE Y membership
- To express creativity through music or art
- To take a music lesson or jam
- To get help with homework
- To relax and connect with new friends
- To enjoy a free meal
- To have fun
- IT'S FREE!



1105 King St. La Crosse, WI 54601  
608-784-8490

Hours: Fall/Winter/Spring: M-F:3-9pm & Saturday 12-4pm  
Summer: M-F 1-9pm & Saturday 12-4pm



Find us on Facebook  
Search La Crosse YMCA Teen Center

### WHAT TEENS SAY ABOUT THE TEEN CENTER:

"I wouldn't be who I am now without the amazing staff who really helped me"

"I come for the people. It's not just about what's here but the people you meet here."

"I feel like sometimes I can be a leader. Help people out with their problems. If they are feeling down I can bring them up."



The Teen Center is run in partnership with Gundersen Health System Behavioral Health and receives generous support from the La Crosse Community Foundation, Gundersen Health System Medical Foundation, and Kaitlin's Table.