



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Family Martial Arts Tournament

The YMCA offers an annual tournament to those who are interested in competing against other students of similar age and rank. The tournament is held in a fun, relaxed setting and is perfect for first-time tournament participants. Proceeds benefit the YMCA Annual Campaign.

Ages:

5 YEARS-ADULT

When:

Sunday, March 10th, 2019

Competition begins 12:30 pm Pre-registration highly encouraged.

Walk-in accepted from 10-11 am only on March 10th.

Where:

HOUSER YMCA, 400 Mason Street, Onalaska, WI 54650

Contact:

Tammy Addleman, Arts & Humanities Director, 608-519-5513 or taddleman@laxymca.org

Entry Fee:

\$35 through March 1st or \$45 after March 1st

\$60-day of tournament

Registration and waiver form available at www.laxymca.org

Additional Info:

- Events include forms, weapons forms, sparring, judo game, and board breaking
- Concessions/lunch available on-site
- Parent or legal guardian of all students participating must sign waiver
- Mandatory sparring gear required for students competing in sparring-foot/hand pads, head gear, mouth guard, cup for males. YMCA requires chest protectors and has some available for use.



LA CROSSE AREA FAMILY YMCA

Dahl Family YMCA

1140 Main Street, La Crosse WI 54601

P 608 782 9622 F 608 782 9616

R. W Houser FamilyYMCA

400 Mason Street, Onalaska, WI 54650

P 608 783 9622 F 608 782 9616

WWW.LAXYMCA.ORG



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA/AKFMAG Martial Arts Family Tournament

ENTRY APPLICATION & RELEASE - Sunday, March 10, 2019

First Name: _____ Last Name: _____

Address: _____ Phone: _____

E-mail: _____ Age: _____ Birth Date: ___/___/___

Rank: _____ Height: ___ Weight: _____ Martial Arts School: _____

CHECK ALL THE ACTIVITIES IN WHICH YOU WILL PARTICIPATE:

FORM WEAPON FORM JUDO GAME SPARRING BOARD BREAKING

ENTRY FEE: \$35 per competitor through March 1 or \$45 after March 1. Tournament day walk in-\$60

PAYMENT METHOD: Check (enclosed payable to YMCA) Credit Card

Card # _____ Name on card: _____

Expiration date: _____ Security Code: (last 3 digits on back of card) _____

LIABILITY RELEASE: I, the undersigned, do hereby apply for participation in the La Crosse Area Family YMCA Martial Arts Tournament. I do hereby assume any and all responsibility for any and all losses, damages, and/or injuries I may sustain or incur while attending and participating in said tournament. I hereby waive, release, hold harmless, and promise not to sue the La Crosse Area Family YMCA, their agents, officials, employees, and members ("released parties") from any claims for negligence including claims arising from the released parties own negligence which I may have for any damages sustained by me in connection with my participation in this martial arts tournament. I agree to be responsible for any and all bills associated with all accidents and medical situations arising from use of released parties' facilities and/or participation in La Crosse Area Family YMCA Martial Arts Tournament.

I accept that there is risk to me as a participant in this tournament. I also know that the tournament directors/coordinators, referees, and judges, and the La Crosse Area Family YMCA will have provided for as much safety in the environment as is reasonable and possible. I realize and understand that said directors/coordinators, referees, judges, and the La Crosse Area Family YMCA are not able to account and foresee every obstacle or control every action of the participants to make participation in the Family Martial Arts Tournament risk-free.

I also agree that any and all photographs taken by the officials of the tournament action are the sole property of the tournament officials, to be used as they wish.

Participant's Signature: _____ Date _____

Parent/Guardian Signature if less than 18 yrs _____ Date _____

REGISTRATION:
Send forms to the attention of Tammy Addleman by email to taddleman@laxymca.org, by fax to 608-782-9616 or by mail to La Crosse Area Family YMCA 1140 Main Street, La Crosse, WI 54601.

LA CROSSE AREA FAMILY YMCA
Dahl Family YMCA
1140 Main Street, La Crosse WI 54601
P 608 782 9622 F 608 782 9616

R. W. Houser Family YMCA
400 Mason Street, Onalaska, WI 54650
P 608 783 9622 F 608 782 9616

WWW.LAXYMCA.ORG